

Disclosure Statement and Agreement

Welcome! This document contains important information about my professional services and business policies. Please read it carefully and note any questions you might have. If you decide you would like to use my services and sign the Release Agreement, it will represent an agreement between us.

Limitations of Energy Medicine

Although Energy Medicine uses the term “medicine,” it does not imply that Energy Medicine practitioners are practicing medicine. This term is commonly used by training programs that teach people how to assess and balance subtle energies in the body. Energy medicine is not a substitute for the diagnosis and/or treatment of medical or mental health conditions by a licensed health care professional. If you have a disorder that has been diagnosed or a condition that should be evaluated by a licensed health care professional, my services should be used only in conjunction with your obtaining that care. I do not diagnose or treat medical or mental health disorders. Energy medicine attempts to optimize the body’s overall health and vitality, but it is not to be used instead of appropriate care from a licensed medical professional.

While the methods I use and teach are gentle and considered non-invasive, it is possible that physical or emotional effects may occur after your energies have been stimulated and adjusted. In some instances, deeper pressure is used to move energies that may be blocked or congested in a particular area of the body; this may cause some pain or discomfort. Dizziness, nausea, and anxiety are relatively unusual but no unheard of side-effects of energy work. If any procedure is uncomfortable or leads to discomfort, please tell me. I will stop at your request and can likely provide a technique to rebalance energies whose stimulation is causing discomfort.

Confidentiality

With the exception of special situations described below, I will keep our work together confidential. I will not tell anyone the details of our work, or even that you are using my services. There are some situations in which I am legally obligated to share information, even if I have to reveal some information about a client’s treatment. Whenever ethically possible, I would first inform you before taking this step. The following are some examples of situations in which I may be obligated to release confidentiality: if I believe that a child, an elderly person, or a disabled person is being abused; if I believe that a client is threatening serious bodily harm to him/herself or to another; if a judge orders my testimony in legal proceedings; if a client reports ethical misconduct of another named health care provider (if you are my client and also a health care provider, your confidentiality remains protected under the law from this kinds of reporting).

I may occasionally find it helpful to consult other professionals about a client. During a consultation, I make every effort to avoid revealing the identity of the client. The consultant is also bound to keep the information confidential.

Professional Records

I keep brief records on each session, primarily noting the date of the session, the interventions used, and the progress or obstacles observed as they relate to your intentions in working with me. I will email a copy to you and maintain your records in a secure location for at least two years after our last contact, after which time I may securely dispose of them.

Payments

Please pay for each session at the time it is held. If you are late, we will still end on time and not run over into the next person's session. If you need to cancel an appointment, please provide 24 hours notice. If you miss a session without notice, or cancel with less than 24 hours notice, please pay for the session full cost before our next meeting.

Contacting Me

I am often with a client or otherwise not immediately available by telephone. When I am unavailable, you will reach my confidential voicemail. With the exceptions of weekends and holidays, I will make every effort to return your call within 48 hours. If you are experiencing a medical emergency, call 911 or go to the nearest hospital emergency room.

Healing Touch

Physical contact, even in a healing relationship, can be a sensitive matter. Touch can easily be misinterpreted and feel too intimate, uncomfortable, or sexual in nature. Touching in a sexual manner is unethical within a professional healing relationship and will never be a part of your treatment. Please communicate clearly and immediately if you are experiencing any discomfort or confusion. Many of the methods I use are likely to involve healing touch. The theory behind such methods is that touching or holding points can assist in identifying and shifting imbalances in your energies. At such times, you will remain fully clothed, with the exception of your shoes. I will always honor any requests not to touch.

Touch can also be a potential problem in a healing relationship if you have had a history of paranoia, have been diagnosed with borderline personality disorder, have experienced abuse, have suffered from other types of trauma, or if you tend to dissociate or detach from your sense of self. If you have history and/or diagnosis in any of these areas, please let me know prior to starting our work together. Furthermore, if you have any misgivings, doubts, or any negative reactions to any physical contact, it is very important that you let me know as soon as possible so that we can discuss your concerns. If you are uncomfortable talking to me, I encourage you to talk through such concerns with another professional. If you wish, I can make a referral for you. If I determine that I am unable, for any reason, to provide you with the services you are requesting at a high professional standard, I will inform you of this decision and refer you to another practitioner and/or therapist who may better meet your needs.

Thank you for taking the time to read this disclosure information. I trust that with clear communication and intentions, we can work together to support your needs and wellness.